

## Accessing the Health Survey

1. After registering successfully on Rally you will immediately be brought to the Health Survey. If you would like to check the status of your Health Survey **OR** retake the Health Survey visit <https://accounts.werally.com/> and log in. Or click the Health Survey button on the [www.myuhc.com](http://www.myuhc.com) home page.
2. Access your Health Profile by clicking your Avatar (Icon) on the top right corner.
3. Scroll down to see your Rally Age and your Health Survey Report. ***If you see your report you know you have successfully completed the Health Survey.***
4. Print your Health Survey Report to confirm your Health Survey completion.
5. To retake the Health Survey click “Retake Survey” under your Rally Age. You have unlimited access to the Health Survey and can retake it at any time.

**RALLY** WellnessFun @ 5:00pm EN

Your Rally experience is just minutes away!  
Answer a few questions to find out your Rally Age and get recommended activities just for you.

Start The Survey

1 Take The Survey → 2 Get Your Rally Age → 3 See Your Recommendations

**RALLY** This information is private and secure. Username @ 1:01pm

Looks like you're 5 years above your real age. We can help with that.

We believe good health happens every day, in many ways. Next, we'll suggest simple daily activities (we call them Missions) in a few areas to help get your Rally Age as low as you can.

Move Fitness, activities, strength. Feel Sleep, stress, relationships. Eat Food, nutrition, cooking. Care Health records, preventive care.

45 Your Rally Age

Choose Your Mission!

Immediate feedback and recommendations — results create more relevant and personalized experience

Personalized call-to-action to join Missions

Results summarized as instantly recognizable “health age”

myuhc.com technical support: 1-877-844-4999 Monday – Friday 7am – 9pm (EST)

Health and Wellness technical support: 1-855-215-0230 Monday-Friday, 10 a.m.-10 p.m. (EST)