Are you ready to lose weight & feel better?

A 12-month Program for Weight Loss

If you are overweight and between the ages of 40 and 60, you may be eligible to take part in this weight loss program. *You will learn about exercise, nutrition, and how to maintain a healthy lifestyle.* Weight loss medication will not be used in this study.

Call the Weight Control and Diabetes Research Center
at **(401) 793-8940** to see if you qualify for this
no-cost program.

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